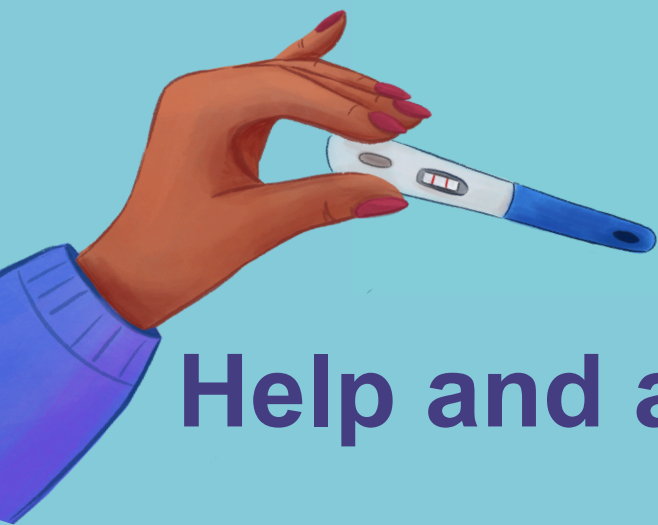


# Help for you

# & baby



**Help and advice for pregnant women at  
Ashwell Medical Centre  
Ashwell Road, BD8 9DP, 11 April 9am-12pm**

## **New Families Connect Day!**

Find out what help and information is available to keep you and your baby healthy. There will be:

- Information stalls
- Pampering sessions
- Light refreshments
- A free goody bag

To find out more email [khela.begum@haleproject.org.uk](mailto:khela.begum@haleproject.org.uk)  
or call 07908627784

Visit [HelpForYouAndBaby.org](http://HelpForYouAndBaby.org) for more advice



**New families connect**

